

BINGHAM INVITATIONAL
2160 west South Jordan Parkway
South Jordan, UT

State Qualifying Track and Field Invitational
April 22nd at 9:00 AM

Enter all athletes on Runnercard.com by **April 20th at 10 pm**. Each team will be allowed five (5) athletes in each individual event and one relay team per relay event. Athletes are limited to four events.

Awards:

- top 3 finishers in individual events
- top 3 finishers in relays
- Team trophies will be given to the meet champions

Entry Fee:

- \$5.00 per athlete per event
- \$8.00 for each relay
- Maximum of \$250 per team
- \$3.00 per spectator or \$8 per family
- <https://binghamathletics.com/event-tickets>
- Coaches Passes will be accepted

General Meet Information:

- Pre-entries with Runnercard.com by April 20th at 10 pm
 - All heats will be formed in the bullpen
 - Please give FAT times and accurate distances and heights
- All throwing implements will be weighed and certified
 - The weigh-in will be conducted at the Northwest end of the stadium.
 - Make sure your athletes are using the IAAF javelins
- Throwers and jumpers will be allowed three tries (top nine to finals)
- Minimum marks measured will be set as follows:

○ Girls	Boys
○ Discus 70'	90'
○ Javelin 60'	100'
○ Shot Put 25'	35'
○ Long Jump 12'6"	17'
- The crossbars for the High Jump and the Pole Vault will be raised as follows:
 - Girls HJ - 4'06", 4'08", 4'10", 4'11", 5'00", 5' 01", 5'02", 5' 04", 5'06" one inch thereafter.
 - Boys HJ - 5' 06", 5'08", 5'09", 5' 11", 6' 00", 6'01", 6' 03" one inch thereafter.
 - Girls Pole Vault- 6' 00", 6' 06", 7' 00", 7' 06", 8' 00", 8' 06",9'03"
 - Boys Pole Vault - 9' 00", 9' 08", 10' 00", 10' 06", 11' 00", 11' 06", 12' 00", 12' 02", 12'06",
 - 13' 00" three inches thereafter.

Questions concerning the meet should be directed to:
Vance Brown - Email: vance.brown@jordandistrict.org

Start time: 9:00 a.m.
Girls first, followed by boys

Running Events Running Events

4x800m Relay
100m / 110m Hurdles
100m
1600m
4x200m Relay
400m
800m
4x100m Relay
300m Hurdles
200m
3200m
4x400m Relay

Field Events

8:00 a.m. Weigh-in
Northwest end of stadium

9:00am

Field Events

Shot Put (Boys first)
Discus (Girls first)
Javelin (Boys first)
High Jump (Girls first)
Long Jump (Boys first)
Pole Vault (Combined)

Presentation of Awards

*Events will move ahead of schedule whenever possible
*all events close at 12:30 for finals, excluding high jump and pole vault